

2016年5月：中文组学习圈

你所谓的‘培育信心’是什么意思？你能培育信心吗？信心是一件可以从商店里买得到的商品吗？它是不能施予和接受的。信心是你的天性。其实，Visvasa，信心，是你的 Svasa，气息。没有信心，你的气息便停止了。

试想一下，你在有信心或没有信心去处理你例常事务的情况，你不难发现你的每一个动作，不论是世俗的或是灵性的，都根基于你的信心。你把最昂贵的衣服送到洗衣店去，那是因为你有信心，你的衣服在洗干净和烫好之后会还回给你。如果你怀疑洗衣店不会把衣服还回给你，你会交给洗衣店去洗吗？基于对金匠的信赖，你把价值不菲的金子交给金匠打成首饰。如果稍微有一点怀疑，你还会这么做吗？你上理发店去理发，你绝不会想到理发师会用他的剃刀来对付你的脖子吧？你非常有信心地把头低下，任由理发师处置。同样，病患者有信心地躺在手术台上让医生开刀。你会怀疑，你的生命在医生的手上会不安全吗？不。不论是洗衣者或金匠或理发师或医生，一切交易都在充满信心下进行。所以，信心是神恩赐给人的一件自然礼物。不具信心才是不自然的、人为的。但可悲的是，你对每一个都有信心，就是对神没有信心。这不是很不幸吗？

虔诚和信心就像是一个生物的两只眼睛，一辆脚踏车的两个轮子或一只鸟的一对翅膀。没有信心，就连一只蚂蚁也走不了一寸的距离。没有信心，一只鸟也不能在天空飞翔。一只鸟在枝头上栖息。树枝或许会摇摆和下垂，但鸟却全不在意。原因何在？因为鸟对它的翅膀有信心而不是对树枝有信心。所以，一切全靠信心。

你怎么知道那是你父亲？是你母亲告诉你的而你对你母亲有信心。如果不是这样，你还有什么方法去认识你父亲。你从月历上知道年月日而你照着月历的指示来计算时日，要不然，你怎么知道今天是五月十四日星期一？这一天是什么日子并不在你的额头上标明。你对‘印度之音’的新闻广播及对报章的新闻报导有完全的信心，所以你才相信，你从电台听到的，你从电视看到的以及你从报章上读到的新闻，但你却不相信吠陀（Veda）和其他经典所记载的、我们圣者的金言玉语（rsivakya 圣言）。吠陀被称为 isvariya, apauruseya, 神的创作。你对它们没有信心。这是多么可笑和不幸啊！好好地想一想吧！

问题：

1. 为何我们对医生和理发师充满信心呢？【公开讨论】
2. 通常我们对报纸的新闻和他人的说话都深信不疑。为什么？【公开讨论】
3. 虔诚和信心不可或缺，你对这句话的意思有何理解？【公开讨论】
4. 我们要如何培育对神的信心呢？【脑激荡】
5. 请与大家分享你对神/峇峇产生信心的经验。【顺序讲述】

取自：实谛奥义书- 164 问

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What do you mean by 'cultivating faith'? Can you cultivate it? Is that a commodity to be purchased from a shop? It can neither be given nor received. Faith is your natural quality. In fact *Visvasa*, faith is your *Svasa*, breath. Without it there is a total stoppage of your breath.

Just think for a moment how you carry on your daily routine with or without faith. You will soon notice that your every action, both mundane and spiritual, is based only on faith. You give your clothes, costly shirts and safari suits to a washer man in full faith that he would bring them back after washing and ironing. If you suspect that he would run away with your clothes, will you give them to him? Most valuable gold is given to goldsmiths to make jewellery out of it in good faith that they would do so. Even if a trace of doubt arises in your mind, will you ever hand over valuable gold? You go to a barber for a haircut. Do you for a moment entertain the feeling that he would put his knife in the neck instead of on the head? You bend your head in good faith in front of the barber to have your hair cut. So also in good faith, a patient will lie down on the operation table and allow himself to be operated upon by the surgeon. Do you doubt that your life is not safe in his hands? No. So be he a dhobi or a goldsmith or a barber or a doctor for that matter, all transactions are made in good faith. So faith is a natural gift of God to mankind. To be faithless is unnatural and artificial. But the pity of it is that you have full faith in everyone but not in God. Isn't that very unfortunate?

Devotion and faith are like the two eyes of a living being or the two wheels of a bicycle or the two wings of a bird. Without faith, as we say, even an ant can't move an inch. A bird cannot fly high without faith. A bird perches on a branch. The branch may be drooping or swinging, yet the bird is not bothered. Why? It is because the bird has full faith in its wings on which it relies but not on the branch. So, everything depends on your faith.

How do you know your father? It is your mother, who has the authority to show you your father and you have full faith in your mother. If not, there is no way to know your father. You know the dates and the days from a calendar and you go by what the calendar indicates. Otherwise, how do you know that today is Monday, the 14th May? The day has not appeared in front of you with a signboard on the forehead indicating the day of the week and the date. You have full faith in all that you listen to from the All India Radio news bulletin and the various news columns that you go through in a newspaper. So much so, you believe what you hear on the radio, watch on the T.V., read in the newspaper, but you don't believe our *rsivakya* or the sayings and teachings of our sages and saints of yore embodied in the Vedas and other holy scriptures. The Vedas are called *isvariya*, *apauruseya*, compositions of God. You don't have faith in them. How strange and unfortunate it is! Think over it for sometime.

Questions:

1. Why do we have full faith in doctors and barbers? **【Open discussion】**
2. We believe in the news we read in the newspaper and what we hear from others. Why? **【Open discussion】**
3. Devotion and faith are essential. What do you understand by this statement? **【Open discussion】**
4. How do we cultivate faith in God? **【Brainstorm】**
5. Please share your experience in developing faith in God/Baba. **【Sequential narration】**